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wherein the compliant element comprises a contact surface and the opening extends from inside the pocket through the lower wall to the contact surface;
inserting an optical sensor into the patient interface;
performing a sensor check of the optical sensor while a transparent liner is in place on an adhesive layer;
removing the transparent liner from the adhesive layer;
applying the patient interface to the patient, wherein the optical sensor is held directly against the adhesive layer;
obtaining a measurement with the optical sensor related to the condition of the patient;
removing the patient interface from the patient; and
removing the sensor from the patient interface.
27. The method of claim 26, further comprising disposing of the patient interface and reusing the optical sensor in a new patient interface to obtain an additional measurement.

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